



FREE FLU SHOTS

DATE: NOVEMBER 20, 2008
TIME: 9:30AM – 1:00PM
LOCATION: VAN NUYS/SHERMAN OAKS RECREATION CENTER
14201 HUSTON STREET, VAN NUYS

Come get your *FREE* Flu shot, courtesy of the County of Los Angeles Department of Public Health and the City of Los Angeles!

Be a part of *your* local community's effort to partner with first responders to enhance local emergency preparedness!

The Flu causes fever, sore throat, cough, chills, headache, and muscle aches. Each year in the U.S., more than 114,000 people are hospitalized and about 36,000 die because of influenza related illnesses.

Flu vaccination is especially important for adults age 50 or more, children, pregnant women, adults with health conditions such as diabetes, heart disease, lung disease, and other chronic illnesses, health care workers, and those who take care of the chronically ill or young children.

A yearly flu shot is recommended for almost everyone.

**For more information, call toll-free 2-1-1 LA County,
or visit www.publichealth.lacounty.gov**