

OCTOBER 2009

BREAKFAST - ELEMENTARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Condiments Available: Grape Jelly, Strawberry Jam, Honey, Syrup M & C: 8/6/2009	V = Represent Vegetarian Entrée WG = Represent Whole Grain		1 Cinnamon French Toasts & Chicken Hoagie Sliced Bagel with Lite Cream Cheese V Fresh Banana Chilled Apple Juice Choice of Milk	2 Waffle Sticks & Beef Sausage Patty Toasted Oats & Graham Crackers V WG Orange Citrus Smiles Chilled Apple Juice Choice of Milk
5 Vegetarian Italian Bagel V WG Multigrain Cheerios & Graham Crackers V WG Fresh Cut Cantaloupe Chilled Apple Juice Choice of Milk	6 Beef Sausage & Biscuit Whole Grain Pancakes & Chicken Hoagie WG Fresh Apple Slices Chilled Orange Juice Choice of Milk	7 Café LA Signature Coffee Cake V Bran Flakes with Raisins & Cinnamon Graham Crackers V WG Fresh Cut Honeydew Chilled Apple Juice Choice of Milk	8 Cinnamon French Toasts & Chicken Hoagie Sliced Bagel with Lite Cream Cheese V Fresh Banana Chilled Apple Juice Choice of Milk	9 Waffle Sticks & Beef Sausage Patty Toasted Oats & Graham Crackers V WG Orange Citrus Smiles Chilled Apple Juice Choice of Milk
12 Vegetarian Italian Bagel V WG Multigrain Cheerios & Graham Crackers V WG Fresh Cut Cantaloupe Chilled Apple Juice Choice of Milk	13 Beef Sausage & Biscuit Whole Grain Pancakes & Chicken Hoagie WG Fresh Apple Slices Chilled Orange Juice Choice of Milk	14 Café LA Signature Coffee Cake V Bran Flakes with Raisins & Cinnamon Graham Crackers V WG Fresh Cut Honeydew Chilled Orange Juice Choice of Milk	15 Cinnamon French Toasts & Chicken Hoagie Sliced Bagel with Lite Cream Cheese V Fresh Banana Chilled Apple Juice Choice of Milk	16 Waffle Sticks & Beef Sausage Patty Toasted Oats & Graham Crackers V WG Orange Citrus Smiles Chilled Apple Juice Choice of Milk
19 Vegetarian Italian Bagel V WG Multigrain Cheerios & Graham Crackers V WG Fresh Cut Cantaloupe Chilled Apple Juice Choice of Milk	20 Beef Sausage & Biscuit Whole Grain Pancakes & Chicken Hoagie WG Fresh Apple Slices Chilled Orange Juice Choice of Milk	21 Café LA Signature Coffee Cake V Bran Flakes with Raisins & Cinnamon Graham Crackers V WG Fresh Cut Honeydew Chilled Apple Juice Choice of Milk	22 Cinnamon French Toasts & Chicken Hoagie Sliced Bagel with Lite Cream Cheese V Fresh Banana Chilled Apple Juice Choice of Milk	23 Waffle Sticks & Beef Sausage Patty Toasted Oats & Graham Crackers V WG Orange Citrus Smiles Chilled Apple Juice Choice of Milk
26 Vegetarian Italian Bagel V WG Multigrain Cheerios & Graham Crackers V WG Fresh Cut Cantaloupe Chilled Apple Juice Choice of Milk	27 Beef Sausage & Biscuit Whole Grain Pancakes & Chicken Hoagie WG Fresh Apple Slices Chilled Orange Juice Choice of Milk	28 Café LA Signature Coffee Cake V Bran Flakes with Raisins & Cinnamon Graham Crackers V WG Fresh Cut Honeydew Chilled Orange Juice Choice of Milk	29 Cinnamon French Toasts & Chicken Hoagie Sliced Bagel with Lite Cream Cheese V Fresh Banana Chilled Apple Juice Choice of Milk	30 Waffle Sticks & Beef Sausage Patty Toasted Oats & Graham Crackers V WG Orange Citrus Smiles Chilled Apple Juice Choice of Milk

Milk Options: 1% White, 1% Strawberry, FF Chocolate, or FF Lactose Free

Menus are Subject to Change